

Changes to SNAP Benefits

The USDA has announced that on October 1, a cost of living adjustment will be made for SNAP recipients.

You may see a small increase in your October benefits.

In April 2009, a law called the American Recovery and Reinvestment Act of 2009 (ARRA) temporarily raised the amount of SNAP benefits a household can receive. By federal law, the temporary increase ends October 31.

You will likely see a slight decrease in your November benefits.

As a result of the November changes, your monthly SNAP benefit amount may go down by \$11 to \$36, depending on your household size and circumstances. The decrease could be more if there are more than four people in your household.

Household Size	Difference in Maximum SNAP Benefits
1	- \$11
2	- \$20
3	- \$29
4	- \$36
5	- \$43
6	- \$52
7	- \$57
8	- \$65
Each Additional Member	- \$8

The State of Louisiana cannot prevent or change the decrease in SNAP benefits. The decrease is required by federal law, applies to all households in the United States and is not subject to appeal.

**To find out your current benefits,
call 1-888-LA-HELP-U (1-888-524-3578) or visit www.dcfsls.gov/CAFE**